

THE BARRACKS

HOTEL

SENTOSA

# IN-ROOM DINING

## MENU



# Breakfast

7 am to 11 am  
Last order at 10.30 am

## AMERICAN BREAKFAST 51

- Choice of fruit or vegetable juice  
*Apple, orange, carrot, cranberry, grapefruit, pineapple or watermelon*
- Two soft poached eggs on toasted english muffin with pork or chicken sausage, hash brown, molasses baked beans, cherry tomato & mushroom stew
- Choice of freshly brewed coffee or tea (*served by pot*)

## CONTINENTAL BREAKFAST 45

- Choice of fruit or vegetable juice  
*Apple, orange, carrot, cranberry, grapefruit, pineapple or watermelon*
- Seasonal fresh fruit
- Choice of cereal  
*All bran, cornflakes, koko crunch, granola or multigrain with quinoa*
- Choice of yogurt (V)  
*Plain (low-fat), strawberry, peach & mango, blueberry or aloe vera*
- Choice of bakery  
*White or whole wheat toast, baguette, danish pastry, croissant, breakfast muffin, soft roll, honey, marmalade, butter*
- Choice of freshly brewed coffee or tea (*served by pot*)

## JAPANESE BREAKFAST 45

- Choice of fruit or vegetable juice  
*Apple, orange, carrot, cranberry, grapefruit, pineapple or watermelon*
- Seasonal fresh fruit
- Teriyaki grilled salmon, egg roll omelette, pickled vegetables, steamed rice & miso soup
- Choice of freshly brewed coffee or green tea

## HEALTHY START 40

- Choice of banana, strawberry or mango smoothie
- Three egg white omelette
- Plain (low-fat) yogurt, gluten free bread, bircher muesli & fresh berries
- Choice of freshly brewed coffee or chinese tea (*served by pot*)

## ORIENTAL BREAKFAST 31

- Hot or chilled soy milk
- Choice of plain, chicken or white fish congee with century egg, crispy dough fritters, preserved vegetables, spring onion, ginger & crispy shallot
- Char siew bun, siew mai & har gau
- Choice of freshly brewed coffee or jasmine tea

## CLASSIC EGGS BENEDICT (P) 28

- 2 poached egg, virginia ham or smoked salmon, hollandaise sauce, english muffins & grilled tomatoes





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- CEREAL SELECTION** 28
- Choice of cereal  
*All bran, cornflakes, koko crunch, granola or multigrain with quinoa*
  - Choice of milk  
*Fresh, low-fat, skim or soy*
  - Bircher muesli with fresh berries or stone ground oatmeal with milk, raisins & brown sugar
  - Seasonal fresh fruit
  - Choice of freshly brewed coffee or tea (*served by pot*)
- TWO EGGS ANY STYLE** (P) 28
- Choice of sunny side up, over easy, scrambled, poached or hard boiled  
Served with hash brown, baked beans & cherry tomatoes
  - Choice of one  
*Apple-wood smoked bacon, grilled ham, chicken or pork sausages*
- FROM OUR BAKERY** 40
- Assorted bread basket (3 selections)  
*Choice of white or whole wheat toast, baguette, danish pastry, croissant, breakfast muffin, soft roll, gluten free bread, honey, marmalade, butter*
  - Dairy Fresh  
*Breakfast cheese selection, dried fruits & nuts*
  - Choice of yogurt (V)  
*Plain (low-fat), strawberry, peach & mango, blueberry or aloe vera*
- BARRACKS CHAMPION** 40
- Fruit, berry salad with strawberry yogurt
  - Coco pops or frosties, sliced banana & fresh milk
  - Pancake with nutella & maple syrup
  - 2 eggs any style, chicken sausage & hash brown
  - Choice of one  
*Hot cocoa, milo or juice*
- THREE EGGS OMELETTE** (P) 31
- Choice of 3 fillings  
*Smoked salmon, virginia ham, bell peppers, mushrooms or swiss cheese*  
*Served with hash brown, baked beans & cherry tomatoes*
  - Choice of one  
*Apple-wood smoked bacon, grilled ham, chicken or pork sausages*
- SMOKED SALMON & EGGS** 28
- Scrambled eggs with smoked salmon, bagel & baked beans
-  **NATIVE KITCHEN'S NASI LEMAK** (N) 28
- Singapore islander coconut rice, fried anchovies, petai, fried chicken thigh, sunny side up & home-made sambal
- RICE CONGEE** 26
- Choice of plain, chicken or white fish congee with century egg, crispy dough fritters, preserved vegetables, spring onion, ginger & crispy shallot



# All Day Dining

11 am to 10 pm  
Last order at 9.30pm

## STARTERS

- BOTANICAL SALAD** 21
- Mix mesclun, cucumber, italian olives, sundried tomatoes & carrots
  - Choice of one dressing  
*Balsamic vinaigrette, honey mustard sauce or lemon dressing*
- CLASSIC CAESAR SALAD** (P) 27
- Romaine lettuce, shaved parmesan, crisp bacon, hard-boiled egg & garlic croutons  
+ smoked salmon / grilled chicken breast 4
- ARUGULA AND SMOKED DUCK SALAD** (N) 31
- Baby arugula with smoked duck breast, mandarin orange, walnuts, shaved parmesan cheese & soy sesame dressing

## SOUP

- VELOUTE OF WILD MUSHROOM** (V) 19
- Truffle-infused cream of mushroom

## COMFORT SNACKS

- JUMBO CHICKEN SATAY (3 PIECES)** (N) 22
- Homemade peanut sauce, rice cake, cucumber & red onion
- VEGETABLE SAMOSA (4 PIECES)** (V) 12
- Vegetable samosa with raita & mint sauce
- VEGETABLE SPRING ROLL (6 PIECES)** (V) 12
- Vegetable in pastry roll with sweet chilli dip
- DEEP FRIED CHICKEN WING (6 PIECES)** 19
- Crispy tender wings with chilli sauce
- FISH & CHIPS** 34
- Snapper loin & lime tartar
- ARTISAN CHEESE PLATTER** (N) 33
- Selection of refined cheese, dried fruit, almonds, crackers & grapes



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## PASTA AND PIZZA

<b>CLASSIC SPAGHETTI BOLOGNESE</b>	<b>21</b>
· Fresh tomato sauce, ragu bolognese & parmesan cheese	
<b>CHILLI CRAB LINGUINE</b>	<b>42</b>
· Crab meat, homemade chilli crab sauce & lime	
<b>GLUTEN-FREE PENNE WITH TOMATO &amp; BASIL</b> (GF)	<b>28</b>
· Fresh tomato sauce, sweet basil pesto & olive	
<b>PIZZA MARGHERITA</b>	<b>26</b>
· Tomato sauce, fresh basil & mozzarella cheese	
<b>HAWAIIAN PIZZA</b> (P)	<b>28</b>
· Tomato sauce, ham, pineapple & cheese	
<b>CHILLI CRAB PIZZA</b>	<b>35</b>
· Crabmeat, signature chilli sauce, mozzarella cheese & cilantro	

## BURGER / SANDWICH / WRAP

*Served with fries & salad*

<b>BIG KAHUNA BURGER</b> (P)	<b>40</b>
· Chopped steak, grilled pineapple, thick bacon & monterey jack	
<b>BARRACK CLUB SANDWICH</b> (P)	<b>29</b>
· Triple deck sandwich with chicken, bacon, fried egg, lettuce, tomatoes & mayonnaise on brioche toast	
<b>CREATE YOUR OWN SANDWICH</b>	<b>26</b>
· Choice of one <i>Tuna mayo, chicken or roasted beef, gruyere cheese</i>	
· Choice of one <i>White, ciabatta or brioche bread</i>	
<b>BEEF &amp; MUSHROOM WRAP</b>	<b>28</b>
· Roasted beef, forest mushroom, rocket salad, fried shallot & balsamic dressing, wrapped in flour tortilla	



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## GRILL *Served with seasonal vegetables & fries*

<b>NEW ZEALAND RIBEYE</b>	<b>77</b>
<b>NEW ZEALAND STRIPLOIN</b>	<b>47</b>
<b>BARRAMUNDI FILLET</b>	<b>53</b>
· Choice of sauce <i>Red wine glaze, mushroom or black pepper</i>	

## SOUTH-EAST ASIAN DELIGHTS

<b>INDONESIAN FRIED RICE</b> (N)	<b>28</b>
· Chicken satay, shrimps, fried egg, crackers & achar	
<b>HAINAN ISLAND CHICKEN RICE</b>	<b>34</b>
· Steamed chicken, pandan flavoured rice, chye sim, spicy chilli sauce, ginger & chicken broth	
<b>SINGAPURA LAKSA</b>	<b>40</b>
· Slipper lobster, rice noodles, scallops, tiger prawn, fishcake, quail eggs & spicy curry coconut	
<b>BEBEK GORENG</b>	<b>36</b>
· Balinese styled deep fried duck leg, kicap manis, sambal tumis & jasmine rice	

## KIDS MENU *(For age 12 & below)*

<b>SPAGHETTI TOMATO SAUCE &amp; PARMESAN CHEESE</b>	<b>16</b>
<b>SPAGHETTI CHICKEN ALFREDO</b>	<b>16</b>
<b>CHICKEN SAUSAGE &amp; FRIES</b>	<b>14</b>
<b>FISH &amp; CHIPS</b>	<b>18</b>

## DESSERTS

<b>KEY LIME PIE</b>	<b>20</b>
· Lime, crème & buttery biscuit base	
<b>BURNT BANANA CRUMBLE</b>	<b>24</b>
· Caramelised banana, cinnamon crumble & vanilla ice cream	
<b>GLUTEN-FREE CHOCOLATE BROWNIES</b> (GF)	<b>14</b>
· Chocolate sauce & berries	
<b>SEASONAL FRUIT PLATTER</b>	<b>24</b>

